Instructions for train crews – Bulletin 2/07

Rules from GCOR

6.4 Reverse Movements

Make reverse movements on the main track or controlled siding at restricted speed and only within the limits a train has authority to occupy the track.

6.4.1 Permission for Reverse Movements

Obtain permission from the train dispatcher or control operator before making a reverse movement, unless the movement is within the same signaled block.

9.1 Signal Aspects

See special instruction 2/07.

9.5 Where Stop Must Be Made

When movement is being made beyond a block signal requiring a train to be prepared to stop at the next signal, the stop must be made before any part of a train passes the block signal requiring the train to stop.

If a train overruns any block signal that requires it to stop, the crew must:

- Warn other trains at once by radio.
- Stop the train immediately.
- Report it to the train dispatcher.

9.5.5 Reporting Delays

When a controlled signal displays a proceed indication, notify the control operator immediately if movement cannot occur promptly.

9.6 Change of Signal Indication

If a signal displaying a proceed indication changes to an indication requiring a train to stop, the train must stop at once. Report such a signal change to the train dispatcher.

9.8 Next Governing Signal

A train may comply with the next signal's indication when its aspect can be clearly seen and the signal governs the track where movement is occurring or will be made. This does not apply when a rule or previous signal indication requires movement at restricted speed.

9.9 Train Delayed Within a Block

If a train has entered a block on a proceed indication that does not require restricted speed, and the train stops or its speed is reduced below 10 MPH, the train must:

Proceed prepared to stop at the next signal until the next signal is visible and that signal displays a proceed indication. Immeditealy notifiy the control operator or dispatcher.

9.11 Movement from Signal Requiring Restricted Speed

When a train passes a signal requiring movement at restricted speed, the train must move at restricted speed until its leading wheels have passed the next governing signal or the end of the block system.

Special instructions 2/07

1 Any movement leaving a CTC control point and entering TWC territory must be in possession of a track warrant starting from the last control point. If not having been issued such a warrant and approaching a cleared signal, the crew must not proceed beyond the controlled signal and immediately advise the dispatcher.

2 Controlled signals at the end of CTC territory controlling movements into non-CTC territory always show a „clear" aspect when cleared. Nonetheless the train leaving CTC territory must in any case be able to obey limits imposed by the track warrant (see 3).